

Services and Support

Molina is here to help you. We are here every step of the way for you during your pregnancy. **We offer programs to help you make healthy choices** during and after your pregnancy.

Find out more about:



Smoking Cessation Program. A team member will help you with the resources you need to quit smoking.

Call (866) 472-9483 or contact your case manager directly.



24-Hour Toll Free Nurse Advice Line. The Molina Healthcare Nurse Advice Line is staffed around the clock. You can call seven days a week to talk to a nurse. We have nurses who speak many languages.

English (844) 800-5155 TTY: 711

Spanish (866) 648-3537 TTY: 711



text4baby. Sign up to receive free text messages on prenatal care, baby health, raising your child and more. You can sign up by texting "BABY" to 511411 or go to text4baby.org. Standard text message rates may apply.

Molina also offers health education programs to help you live a healthy life, during your pregnancy and beyond. These programs include:

- **Pregnancy Program** helps pregnant women get the education and services they need for a healthy pregnancy.
- **Healthy Living with Diabetes[®]** for members with diabetes.
- **Breathe with Ease[®]** for members with asthma.
- **Heart Healthy LivingSM** for members with high blood pressure, heart failure or heart disease.
- **And much more...**

To learn more about these and other programs through Molina, call (866) 891-2320.

